



**The International People's Health University (IPHU) of the
People's Health Movement (PHM)**

Jointly with

International Association of Health Policy in Europe (IAHPE)

And

Aristotle University of Thessaloniki

announce

THE STRUGGLE FOR HEALTH

a short training course for young health activists

From 19th to 24th of September 2023

in Thessaloniki, Greece

The [People's Health Movement](#) (PHM), through its International People's Health University (IPHU), is organizing for the **European region** a six-day short course on "Struggle for Health" from 19-24 September 2023. The course will be in association with the Conference of International Association of Health Policy in Europe (IAHPE) that will be held in Thessaloniki, Greece from 21 to 24 September 2023. The course will be implemented jointly with the International Association of Health Policy in Europe and the Laboratory of Primary Health Care and Health Services Research of the Aristotle University of Thessaloniki Medical Department.

Objectives

The IPHU short courses enable younger health activists to make new connections, share experiences, and study together. They aim to strengthen PHM's growing activism. PHM has trained thousands of young activists from around the world over the past few years through the IPHU and built perspectives.

Who is the course planned for?

- Young health activists and practitioners working on health, gender, and human rights, particularly those involved or wish to be involved in the PHM.
- Applicants should have a university degree or equivalent.
- Priority, with respect to enrolment, will be given to
 - Younger people motivated to get involved in PHM and have endorsed the [People's Charter for Health](#)
 - Primary health care and public health practitioners
 - People with a track record as health activists within the PHM, in particular, people who have been actively involved in organizations that are part of PHM
- The enrolment policy aims to achieve:
 - geographical mix
 - gender balance
 - diversity of involvements: community-based organizations, health care agencies, NGOs, universities, government officials, etc.
 - diversity of skills, records of activism, interests, experience, and educational backgrounds.

Curriculum

The curriculum covers:

- The struggle for health, PHM history, and organized health activism: challenges, strategy and practice, achievements, and new directions
- Social determinants of health: poverty, oppression, and hierarchy; alienation and exclusion; racism, sexism, and materialism
- Comprehensive primary health care: achievements, challenges, lessons, and new directions
- The political economy of health: imperialism and globalization, the international financial institutions, and the UN system; local issues and global pressures
- Occupation, war, migration, and health

Approach to learning

- Start with the struggle for health
- Teach and learn in partnership
- Knowledge is imbued with purpose
- New ideas must be used
- Activism is an ethical commitment
- Learn new ways of being (as well as new facts and theories)
- Refresh, enquire, research
- Nurture leadership: judgment which inspires confidence; integrity which creates trust and the courage to take risks
- Learn to listen to learn; learn to teach; teach to learn
- Steer our own learning; grow the skills and habits of lifelong learning
- Build our community of activists
- Stay with the struggle for health

The course will involve pre-reading & exercises, lectures, small group discussions, debates, field visits, workshops, and follow-up study. Resource materials will take the form of soft/hard copy readings, lecture notes, and websites. The course will also involve attending and engaging with the IAHPE conference sessions.

Faculty

Faculty members (i.e., trainers) will be a mix between high-profile academic personnel and health activists of sound experience, in addition to a number of PHM resource persons from the region as well as PHM-Global.

Language

The course will be taught in English.

Accommodation and Travel

Accommodation will be offered locally and in solidarity. The local organizers are making efforts to secure solidarity accommodation and cheap options. Participants are expected to arrange their own travel.

Venue

- The course will be held in Thessaloniki, Greece.

Application and Deadline

- Apply online by filling in the Online Application Form in English at: <https://forms.gle/Tqe92JSuwclqbZko7>
- Deadline for receiving applications: **22 August 2023**
- All applicants will be advised of the outcome of their application.

Contacts

- For inquiries, please contact the IPHU-Greece Organizing Team at: iphu@phmovement.org

About

The People's Health Movement (PHM) is a global movement that has its roots deep in the grassroots people's movements and owes its genesis to many health networks and activists who have been concerned by the growing inequities in health over the last 25 years. The PHM calls for a revitalization of the principles of the Alma-Ata Declaration, which promised Health for All by the year 2000, and a complete revision of international and domestic policy that has shown to negatively impact health status and systems. The People's Health Movement is coordinated by a global secretariat and is supported by a steering council.

Contact: globalsecretariat@phmovement.org

Web: <https://phmovement.org/>

The International People's Health University (IPHU) is one of the major programs of the People's Health Movement (PHM). IPHU is a global university providing short courses and other resources for health activists. Courses are of a high academic standard and are documented for academic credit from established universities. IPHU short courses enable younger health activists to make new connections, share experiences, and study together. IPHU short courses strengthen the global network of people's health activists.

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